



Fan Facts



DO

- Do use your fan in or next to a window. Box fans are best.
- Do use a fan to bring in the cooler air from the outside
- Do use your fan by plugging it directly into the wall outlet. If you need an extension cord, the extension cord should be UL (Underwriters Laboratories) approved.

DON'T

- Don't use a fan in a closed room without windows or doors open to the outside
- Don't believe that fans cool air. They don't. They just move the air around. The fans keep you cool by evaporating your sweat.
- Don't use a fan to blow extremely hot air on yourself. This can cause heat exhaustion to occur more rapidly.

If you're afraid to open your window to use a fan, choose other ways to keep cool such as taking a cool shower or bath, or going to a senior center, library or mall.