Redwood Community Center Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Coordinator: Brooke Kempczynski 610-891-6061/ KempczynskiB@co.delaware.pa.us





Monday	Tuesday	Wednesday	Thursday	Friday
Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	29 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	Parkside Senior 9-3	2 Tai Chi 12-1:15
Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30 12 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30	Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	7 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30 14 Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30	Closed Closed 15 Parkside Senior 9-3	Redwood Jamboree *Registration only* 16 Tai Chi 12-1:15
Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 12:30-2:30 26 Closed HAPPY MEMORIAL DAY	Beginners Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3 27 Improv Dance w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	Cardio Drumming 10:45-11:45 Chair Yoga 12-1 Zumba 1:30-2:30 28 Closed *Dress Rehearsal for Play*	Parkside Senior 9-3 Parkside Senior 9-3 Thursday Night Live Variety Show 5:30-9:00	Tai Chi 11:45-1:00 30 Tai Chi 12-1:15

