

Redwood Community Center

Upland Park, 280 6th St., Brookhaven PA 19015

Any Questions Call:

Redwood Coordinator: Brooke Kempczynski 610-891-6061/
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AUGUST 2025



Monday	Tuesday	Wednesday	Thursday	Friday
28 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 1-3	29 Improv w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	30 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	31 Parkside Seniors 9-3	1 Tai Chi 12-1:15
4 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 1-3	5 Beginner Dancing w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	6 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	7 Parkside Seniors 9-3	8 Tai Chi 12-1:15
11 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 1-3	12 Improv Dancing w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	13 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	14 Parkside Seniors 9-3	15 Tai Chi 12-1:15
18 Pilates w/ Deanie 11-12 Line Dancing w/Mary Ellen 1-3	19 Beginners Dancing w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	20 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	21 National Senior Citizens Day Celebration 10:00am	22 Tai Chi 12-1:15
25 Fitness w/ Deanie 11-12 Line Dancing w/Mary Ellen 1-3	26 Improv Dancing w/ Deanie 10-11 Baby Boomers 11-1 Tuesday Dance w/ DJ Steve 1-3	27 Cardio Drumming w/Gale 10:45-11:45 Chair Yoga w/Donna 12-1 Zumba w/Mary Ellen 1:30-2:30	28 Parkside Seniors 9-3 <u>Thursday Night</u> <u>Dance</u> <u>6-9</u>	29 Tai Chi 12-1:15

Check website for any updates:
<https://delcopa.gov>