

February 2023

Any questions contact:
 Delaware County Parks and Recreation Department
 610-891-4663

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Zumba w/ Mary Ellen 10:45-11:45 Chair Yoga w/ Donna 12:00-1:00	2 Parkside Seniors 9:00-3:00	3 Tai Chi w/ Mary Ellen 12:00-1:15
6 Improv Dance w/ Deanie 11:00-12:00 Line Dancing w/ Mary Ellen 12:30-2:30	7 Beginner Dance w/ Deanie 10:00-11:00 Baby Boomers 11:00-1:00 Tuesday Dance w/ Steve Kurtz 1:00-3:00	8 Chair Yoga w/ Donna 12:00-1:00 Redwood Bingo 1:30-3:30	9 Parkside Seniors 9:00-3:00	10 Tai Chi w/ Mary Ellen 12:00-1:15
13 Pilates w/ Deanie 11:00-12:00 Line Dancing w/ Mary Ellen 12:30-2:30	14 Beginner Dance w/ Deanie 10:00-11:00 Baby Boomers 11:00-1:00 Tuesday Dance w/ Steve Kurtz 1:00-3:00	15 Zumba w/ Mary Ellen 10:45-11:45 Chair Yoga w/ Donna 12:00-1:00	16 Parkside Seniors 9:00-3:00 Thursday Night Dance 6:00-9:00	17 Tai Chi w/ Mary Ellen 12:00-1:15
20 CLOSED	21 Beginner Dance w/ Deanie 10:00-11:00 Baby Boomers 11:00-1:00 Tuesday Dance w/ Steve Kurtz 1:00-3:00	22 Zumba w/ Mary Ellen 10:45-11:45 Chair Yoga w/ Donna 12:00-1:00 Redwood Bingo 1:30-3:30	23 Parkside Seniors 9:00-3:00 Thursday Night Dance 6:00-9:00	24

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**Fitness w/ Deanie
11:00-12:00**

**Line Dancing w/ Mary Ellen
12:30-2:30**

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**Creations w/ Ro
10:00-12:00**

**Baby Boomers
11:00-1:00**

**Tuesday Dance w/ Steve Kurtz
1:00-3:00**

